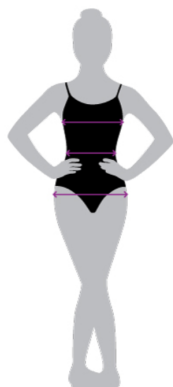


## Energetiks Clothing Size Chart

### Women's Measurement Guide

- Bust:**  
Measure around the fullest part of the bust
- Waist:**  
Measure around the narrowest part of the waist
- Hips:**  
Measure around the fullest part of the hips



### Men's Measurement Guide

- Chest:**  
Measure around the broadest part of the chest
- Waist:**  
Measure around the narrowest part of the waist



### Child's Garment Size Guide

	Ch XXsml	Ch Xsml	Ch Sml	Ch Med	Ch Lge	Ch Xlge	Ch XXlge
<b>Size (AUS)</b>	2-3	4-5	6-7	8-9	10-11	12-13	14-15
<b>Age (years)</b>	3	5	7	9	11	13	14
<b>Height (cm)</b>	95	115	125	135	145	155	160
<b>Chest (cm)</b>	54	59	64	69	74	79	84
<b>Waist (cm)</b>	53	56	58	61	63	66	68.5
<b>Hip (cm)</b>	59	64	69	74	79	83	87

\*Front-lined leotards please go up one size.

### Youth Garment Size Guide

	Yth Med	Yth Lge	Yth Xlge
<b>Size (AUS)</b>	8-9	10-11	12-13
<b>Age (years)</b>	9	11	13
<b>Height (cm)</b>	135	145	155
<b>Chest (cm)</b>	69	74	79
<b>Waist (cm)</b>	61	63	66
<b>Hip (cm)</b>	74	79	83

\*Front-lined leotards please go up one size.

### Women's Garment Size Guide

	Ad XXsml	Ad Xsml	Ad Sml	Ad Med	Ad Lge	Ad Xlge	Ad XXlge
<b>AUS/UK</b>	6	8	10	12	14	16	18
<b>USA</b>	0-2	2-4	4-6	6-8	8-10	10-12	12-14
<b>Europe</b>	34	36	38	40	42	44	46
<b>Bust (cm)</b>	77	83	88	93	98	103	108
<b>Waist (cm)</b>	58	65	70	75	80	85	90
<b>Hip (cm)</b>	83	93	98	103	108	113	118

### Men's Garment Size Guide

	Ad Xsml	Ad Sml	Ad Med	Ad Lge	Ad Xlge
<b>Chest (cm)</b>	85	90	96	102	108
<b>Waist (in)</b>	28"	30"	32"	34"	36"